

## Welcome 2016 Kindergarten Students



### Upcoming Events

#### FEB

- |      |  |
|------|--|
| 8th  | Kindergarten start<br>School for 2016                        |
| 12th | Swimming for Sport   |
| 15th | WPS Swimming<br>Carnival                                     |
| 19th | Swimming for Sport   |
| 26th | Assembly 12.45pm<br>6P item performing<br>Swimming for Sport |

#### MAR

- |      |  |
|------|--|
| 11th | Assembly 12.45pm<br>5 DB item performing |
|------|--|

### Community Notices

- School Canteen List
- Gwydir Libraries
- Learning Difficulties Coalition

### Notes to be returned

- Swimming Carnival
- Swimming for Sport
- ICAS Tests
- Primary Excursion

### Quote of the Week

Education is the ability to listen to almost anything without losing your temper or your self-confidence.

Robert Frost

# Principal

Our new school year has started and it is extremely exciting to see all of our brilliant students returning after a relaxing and enjoyable break. I have been asking all of the boys and girls about their holidays and I'm hearing lots of stories about trips to the beach, sharing good times with cousins and entertaining escapades.

As is the case each year, we farewell some families who move on to new adventures elsewhere, but we also have the chance to welcome new families into our school community. I am delighted to welcome several new families to our school and know that you will enjoy all that Warialda Public School has to offer.

I would like to take the opportunity to welcome back our highly dedicated team of teachers and support staff who make such outstanding contributions to this incredible school. A special welcome to Mrs Ellen Lanesbury who has commenced her time with us at WPS as a permanent appointment. Also, welcome back to a familiar face in Mr Rob Porter who has returned to Warialda after a tenure at Bourke.

2016 will see some positive structural changes introduced at WPS that are intended to bring about improved outcomes for each and every student. The most significant of these is that our teaching timetable will be modelled in such a way that in every classroom (Monday to Thursday) from 9am to 11am all students will be completing rich, literacy-based activities. During this time, classes will have a dedicated block of guided reading where we would love to see parents volunteering to assist in listening to children read. The hour immediately following our lunch break will be dedicated to numeracy. I am confident that having a consistent, uninterrupted period of time allocated to literacy and numeracy will further enhance student results.

## **Excursion**

Students in Years 3 to 6 will today have received an excursion note outlining details of their major excursions for 2016. Years 5 & 6 will travel to Sydney whilst Years 3 & 4 will travel to Lake Keepit. I am disseminating this information early in the school year so that families can begin planning for the costs associated with these trips. Information will be distributed shortly relating to excursions for students in Kinder to Year 2.

## **Swimming Carnival**

Our school calendar is rapidly filling and 2016 certainly looks to be another action packed year! The first major event on our calendar – the annual swimming carnival will take place on Monday the 15<sup>th</sup> of February. The swimming carnival is attended by students in Years 3 to 6 and those boys and girls in Year 2 who are turning 8 in 2016. All students are encouraged to attend and participate in what will be a fun-filled day.

## **'Meet the Teacher' Evening**

I'm pleased to announce that we shall host a 'Meet the Teacher' evening on Wednesday the 9<sup>th</sup> of March from 5:30pm to 6:30pm. This event will commence with parents assembling in the library where a light afternoon tea will be available. Following this, parents will be lead to their child's classroom where they will meet the classroom teacher and hear about what will be happening in that class this year. It is important to know that this time is not a parent / teacher interview but more a chance to have a look at the school and get to know the classroom teacher.

## **Assemblies**

Our fortnightly, whole school assemblies will commence on Friday the 26<sup>th</sup> of February with the first assembly of the year to be hosted by Mr Porter and the students of 6P. Please be aware that initially, our fortnightly assemblies will commence promptly at 11:50am – immediately following the lunch break. I extend a warm welcome to any parent or community member wishing to join with us in celebrating the achievements of the boys and girls at Warialda Public School.

## **Sporting Opportunities**

In addition to the countless academic and cultural opportunities presented to all students at WPS, our students will have a number of sporting endeavours to pursue. The school has nominated to contest the PSSA State Knockouts in Rugby Union, Rugby League, Tennis, Cricket, Touch Football (Boys & Girls), Soccer (Boys & Girls) and Netball. In addition to these, students will have access to Gala Days focussing on sports such as athletics and league tag.

Finally, I wanted to start the year by sharing a wonderful quote that I've stumbled across a few times lately. "When you talk, you are only repeating what you already know. But if you listen, you may learn something new" – Dalai Lama.

Have a brilliant week!

Kind regards,

Dan van Velthuizen

## P and C News

### Canteen Helpers Needed

Our Canteen is in need of volunteers. If you are a parent, grandparent or community member with a spare 4 or 5 hours to help in the canteen, please contact the School office on 67291131. You must have a Volunteers Working With Children check which is free on the internet. Please find below the link to complete it.

<http://www.kidsguardian.nsw.gov.au/working-with-children/working-with-children-check/volunteers-and-students>

### Canteen Opening Days

Monday -	OPEN
Tuesday -	OPEN
Wednesday -	OPEN
Thursday -	OPEN
Friday -	OPEN

### School Uniform

We have new stock available at the School Office.

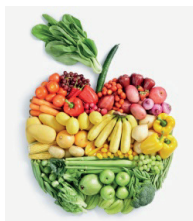
Boys grey shorts	\$15.00
Boys/Girls black microfibre sports shorts	\$13.00
Boys/Girls gold polo shirts	\$14.00
School Hats	\$10.00
School Jerseys	\$40.00
School Jackets	\$65.00

### For Sale

P & C are selling re-usable hessian totes. Available in two sizes, medium & large at a cost of \$12.00 & \$15.00 respectively. If you would like to purchase, please see the school office.



# Canteen List 2016



## Warialda Public School Canteen List 2016

### Sandwiches

Salad	\$4.00
Chicken	\$3.80
Chicken and Lettuce	\$4.00
Chicken and Cheese	\$4.00
Ham	\$3.80
Ham and Tomato	\$4.00
Ham and Cheese	\$4.00
Ham, Cheese and Tomato	\$4.20
Egg and Lettuce	\$3.50
Cheese	\$3.00
Cheese and Tomato	\$3.50
Vegemite	\$2.00
Chicken Burger	\$4.00

(made with lettuce and mayo unless stated otherwise)

*\*Toasted extra .20c*

### Wraps

Sweet Chilli Wrap	\$6.00
Ham and salad	\$5.50
Chicken and salad	\$5.50

All wraps served with full salad and mayo unless specified otherwise.

### Salad Box

Lettuce, tomato, cucumber, carrot, pineapple, egg, beetroot and cheese. \$5.00

*\*Add Ham or chicken for an extra .50c*

### Hot Food

Pizza	\$3.60
Lasagne	\$4.80
Meat Pie	\$3.80
Snack Pie	\$1.00
Triple Decker	\$2.00
Hot dog	\$2.50
Sausage Roll	\$3.50
Chicken Wedge/Nuggets	\$1.00
Corn on the Cob	\$1.00
Nachos	\$5.00

### Drinks and Ice Blocks

Juice 250ml-	\$1.60
Apple, Apple/blackcurrant and Orange	
Flavoured Milk 300ml-	\$1.60
Chocolate and Strawberry	
Water 600ml	\$1.60
Flavoured Water	\$2.00
Milkshake	\$3.00
Ice cream cone	80c
Frozen fruit stick	\$1.00
Bulla Frozen Yoghurt	\$2.20
Frozen Fruit cup	\$1.20
Frozen oranges	\$1.50

### Recess

Toasted Sandwich Quarters	60c
Custard Cup	\$1.50
Chips and JJs	\$1.60

*Please write child's name, class and order clearly on a paper bag. Change will be taped in the corner of the bag. If no bag is supplied, and extra charge of 20c will be added. Bags will be stamped for drinks and treats, which will be given when bag is presented at the canteen. Plastic Bags are not suitable! No credit will be given! Orders need to be in by 9.30am!*

# Community Notices



Feb  
2016

LDC Regional,  
Rural & Remote  
Schools E-Update

## FEBRUARY ARTICLE

### Handwriting Tips

Students who struggle with handwriting may know the content, but have trouble putting their knowledge/thoughts onto paper. Creating messy, illegible writing after so much effort is frustrating and demoralising, and will lead to more learning issues as the student falls further behind.

#### General Tips

- ✓ Find a pencil grip that works and invest in a few.
- ✓ Write letters in multiple contexts, eg. sand, shaving foam, foggy mirror, concrete using chalk, etc.
- ✓ Warm up hands before starting to write.
- ✓ Encourage correct body posture, eg. sit at the desk, not laying on the floor, etc.

#### Tips for Home

- ✓ Encourage your child to learn keyboard skills.
- ✓ Put the alphabet in plain view when working on writing.
- ✓ Help your child with written homework, eg. let them dictate to you.
- ✓ Use cutlery to eat to encourage fine motor skills.
- ✓ Play games with small pieces, eg. Lego, jenga, marbles, etc.
- ✓ Write letters on your child's back and vice versa.
- ✓ Encourage the writing experience eg. add items to the shopping list, write down a dinner choice, write notes to each other, etc.

#### Tips for School

- ✓ Allow students to print if cursive is too hard.
- ✓ Provide a photocopy of instructions rather than expecting the student to copy everything.
- ✓ Allow the use of a computer if needed.
- ✓ Have the alphabet stuck on the desk for quick reference.
- ✓ Break tasks up, eg. 1. Complete writing task, 2. Add punctuation, 3. Check spelling, etc.
- ✓ Give less work to be complete by hand, eg. five sums instead of ten.
- ✓ Allow more time to complete work.

Reference: "How to Improve Your Child's Handwriting" by K Reilly [www.parents.com](http://www.parents.com); "Helping Students Who Struggle to Write: Classroom Compensations" by R Richards [www.kdonline.org](http://www.kdonline.org); "Lend a Hand with Handwriting: ADHD Teacher Tips" by S Rief [www.adddidmag.com](http://www.adddidmag.com)

#### Have you read this article...

ADHD impact on families predicts whether kids get needed services: <http://www.foxnews.com/health/2015/11/27/adhd-impact-on-families-predicts-whether-kids-get-needed-services.html>

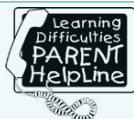
#### Have you seen this book...

Parenting a Child Who Has Intense Emotions, by P Harvey and J Penzo. Available from [www.silvereye.com.au](http://www.silvereye.com.au) \$25.95. A guide to de-escalating your child's emotions and helping your child express feelings in productive ways.

#### Have you googled this website...

[http://www.rch.org.au/infomation\\_sheets/kids\\_health\\_information/](http://www.rch.org.au/infomation_sheets/kids_health_information/)

A great range of fact sheets relating to pencil grip, hand strength, low muscle tone, etc.



02 9806 9960

PO Box 140 Westmead 2145

F: 02 9689 2871

E: [info@ldc.org.au](mailto:info@ldc.org.au)

W: [www.ldc.org.au](http://www.ldc.org.au)

Please contact the LDC office if you would like HelpLine brochures/posters for your school.

#### MEMBERSHIP COSTS

1 year School M'ship \$50  
3 year School M'ship \$135

#### MEMBERSHIP BENEFITS INCLUDE:

- A Quarterly Newsletter
- Fortnightly Member Updates relating to LD.
- Discount on LDC resources
- Discount on entry to LDC seminars

#### RESOURCE HIGHLIGHT

ASSISTING STUDENTS WITH ATTENTION DEFICIT DISORDER  
A Guide for Secondary Teachers, By V Hastings

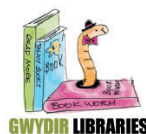
An overview of ADD - what it is, how it affects the student, how to assist the student (re behaviour, organisation, social, etc), the parent's role and the school's role.

\$10 for LDC members

\$15 for non members

See [www.ldc.org.au](http://www.ldc.org.au) for details

The information herein is provided on the understanding that the Learning Difficulties Coalition HelpLine is NOT providing professional advice and services. The information herein provided is NOT to be used as a substitute for professional, medical, or clinical advice.



After school programs for kids continue in 2016 @ Warialda Library  
Parents please note the changes to programs.

#### Tuesday:

**Star club;** children from Kindy to Year 6; bring your homework along to the library; take the "home" out of homework.

#### Wednesday:

##### Book clubs;

**Kindy, year 1 & 2;** children will read together, explore the library resources, make something crafty about the book they have read and much more. Sessions will be hosted by Teen friends of the library members Miss Gail or Miss Helen.

**Year 3, 4, 5 & 6;** children will participate in Readers Theatre, poetry, explore non-fiction and write their own life story and much more. Children in years 5 & 6 will learn more about public libraries and how their own library fits into the public library system along with the State Library of NSW catalogue and databases. Sessions will be hosted by Miss Helen or Miss Gail.

#### Thursday: No sessions for infant's students on Thursday.

**Kids club for lower primary students (years 3 & 4);** children are invited to attend to make something special using their imagination, play board games or complete a puzzle. Minds will be tested; sessions will be hosted by Miss Gail

**Tween Scene for upper primary students (years 5 & 6)** children are invited to participate in the following programs.

**Tech Savvy;** learn how to create posters, bookmarks, invitations, slide shows and much more. Sessions will be hosted by Miss Helen and held on the second and fourth Friday of each month.

Participants will create promotional material for the library, bookmarks, book reviews and much more. **Definitely No social media or YouTube**

**Scrapbooking;** come along and make your own scrapbook, my story book and other items. Sessions will be hosted by Miss Barbara and held on the first and third Friday of each month.

We ask children have a genuine interest in the program they wish to attend.  
Contact or call into the library and register prior to attending.

Contact The Library Services Coordinator on 0437355149 for more information

## Warialda Physical Culture Club

Classes commence on Monday 8th February  
2016 at St Joseph's School Hall.

Times as follows:

Preschooler; 3-4yrs - 3.30-4pm

Tiny Tots; 5-7yrs- 4pm-4.45pm

Teeny Boppers; 8-9yrs- 4.45pm-5.30pm

Teeny Boppers 10-12yrs; - 5.30pm-6.15pm

Teens; 6-15pm-7.00pm

Ladies; -7.00pm-7.45pm

Seniors 16yrs & Over; 7.45pm-8.30pm

Any Enquiries contact;

Karen Moxey Principal/Teacher 0429344931

Di Murray 67254626

Contact Facebook Message; Lea School Of Physical Culture

February 2014

Education Gazette

## SCHOOL TERM AND VACATION DATES FOR NSW PUBLIC SCHOOLS 2016 – 2020

### 2016

Term 1	Wednesday, 27 January 2016	to	Friday, 8 April 2016	Eastern Division	51 Days
	Wednesday, 3 February 2016	to	Friday, 8 April 2016	Western Division	46 Days
Autumn vacation	Monday, 11 April 2016	to	Friday, 22 April 2016		
Term 2	Tuesday, 26 April 2016	to	Friday, 1 July 2016		48 Days
Winter vacation	Monday, 4 July 2016	to	Friday, 15 July 2016		
Term 3	Monday, 18 July 2016	to	Friday, 23 September 2016		50 Days
Spring vacation	Monday, 26 September 2016	to	Friday, 7 October 2016		
Term 4	Monday, 10 October 2016	to	Tuesday, 20 December 2016		52 Days
Summer vacation	Wednesday, 21 December 2016	to	Thursday, 26 January 2017	Eastern Division	
	Wednesday, 21 December 2016	to	Thursday, 2 February 2017	Western Division	

No of school days: Eastern Division 201 Western Division 196

### 2017

Term 1	Friday, 27 January 2017	to	Friday, 7 April 2017	Eastern Division	51 Days
	Friday, 3 February 2017	to	Friday, 7 April 2017	Western Division	46 Days
Autumn vacation	Monday, 10 April 2017	to	Friday, 21 April 2017		
Term 2	Monday, 24 April 2017	to	Friday, 30 June 2017		48 Days
Winter vacation	Monday, 3 July 2017	to	Friday, 14 July 2017		
Term 3	Monday, 17 July 2017	to	Friday, 22 September 2017		50 Days
Spring vacation	Monday, 25 September 2017	to	Friday, 6 October 2017		
Term 4	Monday, 9 October 2017	to	Tuesday, 19 December 2017		52 Days
Summer vacation	Wednesday, 20 December 2017	to	Friday, 26 January 2018	Eastern Division	
	Wednesday, 20 December 2017	to	Friday, 2 February 2018	Western Division	

No of school days: Eastern Division 201 Western Division 196